



#GIVEHAPPINESS GIFT CARD

This gift of happiness is FREE! Take the happiness journey at LGExperienceHappiness.com/Give-Happiness and #GiveHappiness. Learn, practice and share these six happiness skills to make this a happier holiday.



**POSITIVE
OUTLOOK**



**HUMAN
CONNECTION**



MINDFULNESS



GRATITUDE



GENEROSITY



PURPOSE



*Start your journey to sustainable happiness,
backed by 75 years of scientific research.